



Tang Soo Do Classes (Mr. Zach Price)							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 – 6:00pm	Tigers / Tots (5:15 – 6:00) 4-7 Years	Advanced Belts All Ages	Tigers / Tots (5:15 – 6:00) 4-7 Years	Advanced Belts All Ages	Tigers / Tots (5:15 – 6:00) 4-7 Years		
6:00 – 7:00pm	Kids Class Group A 8-14 Years	Kids Class Group B 8-14 Years	Kids Class Group A 8-14 Years	Kids Class Group B 8-14 Years	Kids Class Group A & B 8-14 Years		
7:00 – 8:00pm	Teenage / Adult Class 15+ Years		Teenage / Adult Class 15+ Years		Teenage / Adult Class 15+ Years		

Wing Chun Classes (Sifu Nick Neblock)							
7:00pm – 9:00pm	Wing Chun						

Shaolin-Do Classes (Sifu Bill Pearson)							
11:00am – 1:00pm						Shaolin-Do	
8:45pm – 10:00pm		Shaolin-Do		Shaolin-Do			

Tai Chi Classes (Sifu Bill Pearson)							
10:00am – 11:00am						Tai Chi	
8:00pm – 9:00pm			Tai Chi				

Krav Maga Classes (Mr. Josh Karsten)							
5:00pm – 7:00pm		Krav Maga Beginners					
7:00pm – 9:00pm		Krav Maga Advanced					

Yoga Classes (Mrs. Tammy Bayer)							
5:00pm – 6:00pm	Yoga		Yoga				
6:00pm – 7:00pm	Yoga		Yoga				