



REVOLUTION MARTIAL ARTS		Studio 1						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:15pm – 6:00pm	TSD Karate (5:15 – 6:00) 4-7 Years		TSD karate (5:15 – 6:00) 4-7 Years		TSD karate (5:15 – 6:00) 4-7 Years			
6:00pm – 7:00pm	TSD karate Group A 8-14 Years	TSD karate Group B 8-14 Years	TSD karate Group A 8-14 Years	TSD karate Group B 8-14 Years	TSD karate Group A & B 8-14 Years			
7:00pm – 8:00pm	Fundamental Boxing	TSD karate 15+ Years	Fundamental Boxing	TSD karate 15+ Years	TSD karate 15+ Years			



REVOLUTION MARTIAL ARTS	Studio 2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am-6:30am								
11:00am-12:00pm						Kids MMA		
12:00pm -1:00pm		Kickboxing		Kickboxing		NO-GI BJJ		
5:00pm – 6:00pm		Cardio Kickboxing 5:15-5:45		Cardio Kickboxing 5:15-5:45				
6:00pm – 7:00pm	MMA	KIDS MMA	MMA	KIDS MMA	MMA			
7:00pm – 8:00pm	Kickboxing	NO-GI BJJ	Kickboxing	NO-GI BJJ	Kickboxing			